

Stevenage Arts and Leisure Centre

Martial Arts Timetable

MONDAY

Shotokan Karate Club 18.30 – 20.30 Main Hall
For Children and Adults. Contact Mike Nursey on 01234 376450.

TUESDAY

Tae Kwon Do 19.30 – 21.30 Main Hall
For Adults. Contact Carl Lees on 01438 224958.

THURSDAY

Shotokan Karate Club 18.30 – 20.30 Main Hall
For Children and Adults. Contact Mike Nursey on 01234 376450.

Tae Kwon Do 20.00 – 22.00 Dance Studio
For Adults. Contact Carl Lees on 01438 224958.

Please note that all clubs are managed privately and are not connected to
Stevenage Leisure Ltd.

All coaching/instruction qualifications are checked by Stevenage Leisure Ltd
before any individuals are allowed to coach/instruct on site.